

# AB One



Absolute Beginner Level Linedance  
One-wall, 32 count  
Choreographed by Norman Gifford  
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**MUSIC:** Any good 4 Beat straight rhythm music

*(Hustle steps)*

- 1-4 Walk forward (RLR); left kick forward
- 5-8 Walk back (LRL); right toe touch back

*(Hustle steps)*

- 1-4 Walk forward (RLR); left kick forward
- 5-8 Walk back (LRL); right toe touch back

*(Grapevine right-left with touches)*

- 1-4 Right step side; left behind; right step side; left touch together
- 5-8 Left step side; right behind; left step side; right touch together

*(Grapevine right-left with touches)*

- 1-4 Right step side; left behind; right step side; left touch together
- 5-8 Left step side; right behind; left step side; right touch together

**BEGIN AGAIN**